

Local Wellness Program

Mission statement:

To achieve the optimum mental, physical and oral health for all students.

Goals:

1. All schools will engage students, parents, district staff, food service professionals, and community members in developing, implementing, monitoring, and reviewing district-wide nutrition and exercise policies.
2. All students K-12 will have the opportunity and encouragement to be physically active on a daily basis.
3. Schools will prepare, adopt, and implement plans that encourage healthy eating.
4. Schools will provide access to a variety of affordable, nutritious, and appealing foods to all students K-12. Schools will accommodate the religious, ethnic, and cultural diversity of the student body in meal planning; and will provide clean, safe, and pleasant settings and adequate time for students to eat.
5. To the maximum extent practicable, all schools will participate in federal school meal programs for which the district qualifies.
6. All schools will promote education and treatment for oral health and dental hygiene.
7. All schools will promote and provide education for drug/alcohol abuse prevention and tobacco cessation.

END OF POLICY

Legal Reference(s):

ORS 332.107

OAR 581-051-0100

OAR 581-051-0310

OAR 581-051-0305

OAR 581-051-0400

National School Lunch Program, 7 C.F.R. Part 210 (2006).

School Breakfast Program, 7 C.F.R. Part 220 (2006).

Child Nutrition and WIC Reauthorization Act of 2004 § 1751 (2006).